

Social Prescribing Link Workers are part of our team

Social prescribing helps improve health and wellbeing by connecting people to activities in the community. Link Workers connect those feeling lonely, overwhelmed or in need of help to local support groups and advice.

Talk to the reception team to find out more.

**HELP US
HELP YOU**

GET THE RIGHT CARE

#hello my name is...
Helena Ali
Link Worker



**Helena Ali,
Link Worker**